

EVEREST BASE CAMP TREK

14 Nights / 15 Days
Kathmandu 4N | Trek 10N

PRODUCT OVERVIEW

A classic Himalayan expedition to Everest Base Camp via Lukla, Namche Bazaar, Tengboche, Dingboche, Lobuche and Gorakshep, including sunrise ascent to Kala Patthar (5,545m).

Maximum Altitude: 5,545m

Difficulty Level: Moderate to Challenging

Daily Walking Duration: 5 to 8 hours

DAY-WISE ITINERARY SUMMARY

- Day 01 – Arrival in Kathmandu (1,350m). Airport transfer. Hotel check-in.
- Day 02 – Kathmandu sightseeing: Pashupatinath, Boudhanath, Budanilkantha.
- Day 03– Flight to Lukla (2,860m). Flight operates either from Kathmandu or from Ramechhap (approx. 4–5 hrs drive from Kathmandu) depending on aviation schedule and season. Upon arrival in Lukla, trek to Phakding (2,651m). 3–4 hrs.
- Day 04 – Phakding to Namche Bazaar (3,438m). 5–6 hrs.
- Day 05 – Acclimatization day in Namche Bazaar.
- Day 06 – Namche to Tengboche (3,870m). 5–6 hrs.
- Day 07 – Tengboche to Dingboche (4,360m). 5–6 hrs.
- Day 08 – Dingboche to Lobuche (4,910m). 5–6 hrs.
- Day 09 – Lobuche to Gorakshep. Visit Everest Base Camp (5,364m).
- Day 10 – Early ascent to Kala Patthar (5,545m). Descend to Pheriche (4,288m).
- Day 11 – Pheriche to Namche Bazaar.
- Day 12 – Namche to Lukla.
- Day 13 – Fly back to Kathmandu.
- Day 14 – Kathmandu city tour: Durbar Square & Swayambhunath.
- Day 15 – Departure transfer.

ACCOMMODATION

Kathmandu – Landmark Kathmandu or similar | 4 Nights | Twin/Triple Sharing | Breakfast included

During Trek – Standard Tea Houses / Mountain Lodges | Twin Sharing

Single supplement applicable in Kathmandu only, subject to availability.

MEAL PLAN

Kathmandu – Breakfast included

During Trek – Breakfast, Lunch and Dinner included

COSTING

INR 89,999 per person (Based on 15 + 1 group size)

Minimum operating strength: 12 paying passengers

Maximum group size: 18 trekkers

Rates valid for confirmed 2026 departures only. Subject to airfare and tax revisions.

COST INCLUDES

- 4 nights accommodation in Kathmandu on BB basis
- Kathmandu – Lukla – Kathmandu flight
- Everest region permits and Sagarmatha National Park fees
- All accommodation during trek
- All meals during trek
- 1 experienced trekking guide
- 1 porter for 2 trekkers (15 kg per person limit)
- Airport transfers
- Service charges

COST EXCLUDES

- International airfare
- Nepal visa
- Personal trekking equipment
- Travel insurance covering trekking up to 6,000m
- Emergency helicopter evacuation
- Extra beverages and mineral water
- Tipping for guide and porter
- Personal expenses

- Lukla helicopter option (approx. USD 600 per person if required)

BOOKING POLICY

- 30% advance at confirmation
- 40% 45 days prior to departure
- Balance 30% 20 days prior to departure
- Booking deadline: Minimum 60 days prior to departure

CANCELLATION POLICY

- 60+ days before departure - 10%
- 45-59 days - 25%
- 30-44 days - 50%
- 0-29 days - 100%
- No refund for unused trekking days or voluntary withdrawal

IMPORTANT OPERATIONAL NOTES

- Lukla flights are weather dependent
- Helicopter evacuation at actual cost and subject to clearance
- Travel insurance with evacuation coverage is mandatory
- Strict adherence to guide instructions required
- Porter weight limit strictly 15 kg per trekker