

# Mount Kailash Heli Yatra (Ex-Kathmandu)

11 Nights / 12 Days | By Flight (Kathmandu – Simikot – Hilsa – Tibet Route)

## Journey to the Abode of Lord Shiva through Nepal's Remote Humla Region

Embark on a sacred expedition to **Mount Kailash** — a spiritual quest cherished by Hindus, Buddhists, Jains, and Bon followers. This **aerial route via Hilsa** offers a seamless blend of comfort, adventure, and devotion. You'll traverse the pristine Humla region of western Nepal, fly by helicopter to Tibet's frontier, and witness the divine beauty of **Lake Mansarovar** and **Mount Kailash** from close quarters.

Ideal for pilgrims seeking a shorter travel duration and smooth logistics, this 12-day itinerary ensures both spiritual depth and physical comfort.

### Tour Highlights

- Scenic flight route: Kathmandu – Nepalganj – Simikot – Hilsa – Taklakot
- Holy **Lake Mansarovar** and the **3-day Mount Kailash Parikrama (Kora)**
- Serene aerial views of the **Himalayas and Tibetan Plateau**
- Immersive experience of the **Humla region's natural and cultural beauty**
- Professionally escorted by **Nepali & Tibetan teams** with full logistic support

### Fixed Departures 2026 – Arrival in Kathmandu

Month	Dates
May	15, 21, 27 (Full Moon)
June	02, 08, 14, 20, 26 (Full Moon)
July	02, 08, 14, 20, 25 (Full Moon), 31
August	06, 12, 18, 24 (Full Moon), 30
September	05, 11, 17, 22 (Full Moon)

### Detailed Itinerary

#### Day 1 – Arrival in Kathmandu (1,324 m)

Arrive in Kathmandu, the cultural and spiritual heart of Nepal. After check-in, visit **Pashupatinath Temple**, one of Lord Shiva's holiest shrines. In the evening, attend a Yatra briefing and orientation session.

**Overnight:** Kathmandu **Meals:** Dinner

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## **Day 2 – Fly Kathmandu to Nepalgunj (150 m)**

After breakfast, take a short flight to **Nepalgunj**, a vibrant city near the Indian border. Explore the town or rest in preparation for your Himalayan journey.

**Flight:** 1 hr **Overnight:** Nepalgunj **Meals:** Breakfast, Dinner

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## **Day 3 – Fly Nepalgunj to Simikot (2,910 m), Helicopter to Hilsa, Drive to Taklakot (3,930 m)**

Take an early morning flight to **Simikot**, the administrative hub of the Humla region. From here, board a **helicopter to Hilsa**, the last Nepali settlement before the Tibetan frontier. After crossing the border, continue by road to **Taklakot (Purang)** in Tibet.

**Flight:** 1 hr **Helicopter:** 25 min **Drive:** 1 hr **Overnight:** Taklakot **Meals:** Breakfast, Lunch, Dinner

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## **Day 4 – Acclimatization in Taklakot (Purang)**

Spend the day acclimatizing to the higher altitude. You may explore nearby monasteries or enjoy scenic walks around Taklakot, surrounded by snow-capped mountains.

**Overnight:** Taklakot **Meals:** Breakfast, Lunch, Dinner

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## **Day 5 – Drive to Lake Mansarovar (4,590 m)**

Drive across the vast Tibetan Plateau to the sacred **Lake Mansarovar**, one of Asia's holiest sites. The serene turquoise waters reflect Mount Kailash in the distance. Perform **ritual bathing and prayers**, and take time for meditation by the lake.

**Drive:** 2–3 hrs **Overnight:** Guesthouse near Lake Mansarovar **Meals:** Breakfast, Lunch, Dinner

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### **Day 6 – Lake Mansarovar to Darchen (4,575 m)**

After sunrise prayers and exploration around the lake, drive to **Darchen**, the base town for the **Mount Kailash Kora (Parikrama)**. Rest and prepare for the trekking phase beginning the next day.

**Drive:** 2–3 hrs **Overnight:** Darchen **Meals:** Breakfast, Lunch, Dinner

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### **Day 7 – Kailash Kora Day 1: Darchen to Dirapuk (4,900 m)**

Begin the sacred **Parikrama (circumambulation)** of Mount Kailash. The trail from **Yam Dwar** to **Dirapuk Monastery** offers spectacular views of the mountain's **north face** — a deeply spiritual and awe-inspiring sight.

**Trek:** 13 km | 5–6 hrs **Overnight:** Dirapuk Guesthouse **Meals:** Breakfast, Lunch, Dinner

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### **Day 8 – Kailash Kora Day 2: Dirapuk to Zuthulpuk via Dolma La Pass (5,636 m)**

The most challenging yet rewarding day of the Yatra. Cross the **Dolma La Pass (5,636 m)** — the highest point of the trek — and descend toward **Gauri Kund**, believed to be where Goddess Parvati bathed. Continue to **Zuthulpuk Monastery**.

**Trek:** 22 km | 8–9 hrs **Overnight:** Zuthulpuk Guesthouse **Meals:** Breakfast, Lunch, Dinner

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### **Day 9 – Kailash Kora Day 3: Zuthulpuk to Darchen, Drive to Hilsa or Simikot**

Complete the final stretch of the Parikrama and return to **Darchen**, marking the completion of your holy circumambulation. Later, drive to **Hilsa** or **Simikot**, depending on weather conditions.

**Trek:** 12 km | 3–4 hrs **Drive:** 2–3 hrs **Overnight:** Hilsa / Simikot **Meals:** Breakfast, Lunch, Dinner

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## Day 10 – Fly Simikot to Nepalgunj

Take a **helicopter** from **Hilsa** to **Simikot**, followed by a short flight to **Nepalgunj**. Relax at your hotel and reflect on your spiritual journey.

**Helicopter:** 25 min **Flight:** 1 hr **Overnight:** Nepalgunj **Meals:** Breakfast, Lunch, Dinner

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## Day 11 – Fly Nepalgunj to Kathmandu

Morning flight back to **Kathmandu**. The afternoon is free for shopping or rest.

**Flight:** 1 hr **Overnight:** Kathmandu **Meals:** Breakfast, Dinner

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## Day 12 – Departure from Kathmandu

After breakfast, transfer to the airport for your onward flight, carrying divine memories and blessings from Mount Kailash.

**Meals:** Breakfast

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## Tour Cost (Per Person)

- **USD 1,400 + INR 1,55,000** (based on 22 pax, using 3★ properties)
- **Upgrade Options:**
  - 4★ Hotels – add INR 3,000 per person

- 5★ Hotels – add INR 8,000 per person  
(USD cost subject to change based on Chinese authority regulations.)

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## Inclusions

- Airport transfers and local sightseeing as per itinerary
- 2 nights in Kathmandu & 2 nights in Nepalgunj (AP plan)
- Accommodation in Tibet (guesthouses/mud houses)
- Domestic flights: Kathmandu–Nepalgunj–Simikot
- Helicopter transfers: Simikot–Hilsa–Simikot
- Private coach for Tibet travel
- Vegetarian meals throughout the tour
- Nepalese team leader and English-speaking Tibetan guide
- Oxygen cylinders & basic first-aid kit
- Kailash permit and Tibet/China visa fee
- Duffle bag and backpack for the Yatra

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## Exclusions

- International airfares (to/from Kathmandu)
- Travel insurance & medical evacuation
- Horse/Yak for Kora (direct payment)
- Personal expenses and beverages
- Extra accommodation in Kathmandu for early/late arrivals
- Single-room supplement
- Optional Ashtapad excursion
- Personal oxygen cylinders
- **5% GST & 5% TCS**

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## Payment Terms

- The USD component (China sector) to be remitted at the time of confirmation.
- The INR component to be paid prior to arrival in Nepal.

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## Cancellation Policy

- 10% – after booking confirmation
- 50% – within 15 days of departure
- 100% – within 7 days of departure

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## Preparation & Health Guidelines

This pilgrimage involves **high-altitude travel up to 19,500 ft**. Participants must be physically fit and medically cleared for trekking.

Carry adequate warm clothing, trekking shoes, gloves, and personal medicines.

Consult your doctor about **Diamox** or similar medication for altitude acclimatization.

Avoid alcohol, smoking, and heavy physical exertion before and during the Yatra.