

Mount Kailash Heli Yatra (Ex-Kathmandu)

11 Nights / 12 Days | By Flight (Kathmandu – Simikot – Hilsa – Tibet Route)

Journey to the Abode of Lord Shiva through Nepal’s Remote Humla Region

Embark on a sacred expedition to **Mount Kailash** — a spiritual quest cherished by Hindus, Buddhists, Jains, and Bon followers. This **aerial route via Hilsa** offers a seamless blend of comfort, adventure, and devotion. You’ll traverse the pristine Humla region of western Nepal, fly by helicopter to Tibet’s frontier, and witness the divine beauty of **Lake Mansarovar** and **Mount Kailash** from close quarters.

Ideal for pilgrims seeking a shorter travel duration and smooth logistics, this 12-day itinerary ensures both spiritual depth and physical comfort.

Tour Highlights

- Scenic flight route: **Kathmandu – Nepalgunj – Simikot – Hilsa – Taklakot**
- Holy **Lake Mansarovar** and the **3-day Mount Kailash Parikrama (Kora)**
- Serene aerial views of the **Himalayas and Tibetan Plateau**
- Immersive experience of the **Humla region’s natural and cultural beauty**
- Professionally escorted by **Nepali & Tibetan teams** with full logistic support

Fixed Departures 2026 – Arrival in Kathmandu

Month	Dates
May	15, 21, 27 (<i>Full Moon</i>)
June	02, 08, 14, 20, 26 (<i>Full Moon</i>)
July	02, 08, 14, 20, 25 (<i>Full Moon</i>), 31
August	06, 12, 18, 24 (<i>Full Moon</i>), 30
September	05, 11, 17, 22 (<i>Full Moon</i>)

Detailed Itinerary

Day 1 – Arrival in Kathmandu (1,324 m)

Arrive in Kathmandu, the cultural and spiritual heart of Nepal. After check-in, visit **Pashupatinath Temple**, one of Lord Shiva's holiest shrines. In the evening, attend a Yatra briefing and orientation session.

Overnight: Kathmandu **Meals:** Dinner

Day 2 – Fly Kathmandu to Nepalgunj (150 m)

After breakfast, take a short flight to **Nepalgunj**, a vibrant city near the Indian border. Explore the town or rest in preparation for your Himalayan journey.

Flight: 1 hr **Overnight:** Nepalgunj **Meals:** Breakfast, Dinner

Day 3 – Fly Nepalgunj to Simikot (2,910 m), Helicopter to Hilsa, Drive to Taklakot (3,930 m)

Take an early morning flight to **Simikot**, the administrative hub of the Humla region. From here, board a **helicopter to Hilsa**, the last Nepali settlement before the Tibetan frontier. After crossing the border, continue by road to **Taklakot (Purang)** in Tibet.

Flight: 1 hr **Helicopter:** 25 min **Drive:** 1 hr **Overnight:** Taklakot **Meals:** Breakfast, Lunch, Dinner

Day 4 – Acclimatization in Taklakot (Purang)

Spend the day acclimatizing to the higher altitude. You may explore nearby monasteries or enjoy scenic walks around Taklakot, surrounded by snow-capped mountains.

Overnight: Taklakot **Meals:** Breakfast, Lunch, Dinner

Day 5 – Drive to Lake Mansarovar (4,590 m)

Drive across the vast Tibetan Plateau to the sacred **Lake Mansarovar**, one of Asia's holiest sites. The serene turquoise waters reflect Mount Kailash in the distance. Perform **ritual bathing and prayers**, and take time for meditation by the lake.

Drive: 2–3 hrs **Overnight:** Guesthouse near Lake Mansarovar **Meals:** Breakfast, Lunch, Dinner

Day 6 – Lake Mansarovar to Darchen (4,575 m)

After sunrise prayers and exploration around the lake, drive to **Darchen**, the base town for the **Mount Kailash Kora (Parikrama)**. Rest and prepare for the trekking phase beginning the next day.

Drive: 2–3 hrs **Overnight:** Darchen **Meals:** Breakfast, Lunch, Dinner

Day 7 – Kailash Kora Day 1: Darchen to Dirapuk (4,900 m)

Begin the sacred **Parikrama (circumambulation)** of Mount Kailash. The trail from **Yam Dwar** to **Dirapuk Monastery** offers spectacular views of the mountain's **north face** — a deeply spiritual and awe-inspiring sight.

Trek: 13 km | 5–6 hrs **Overnight:** Dirapuk Guesthouse **Meals:** Breakfast, Lunch, Dinner

Day 8 – Kailash Kora Day 2: Dirapuk to Zuthulpuk via Dolma La Pass (5,636 m)

The most challenging yet rewarding day of the Yatra. Cross the **Dolma La Pass (5,636 m)** — the highest point of the trek — and descend toward **Gauri Kund**, believed to be where Goddess Parvati bathed. Continue to **Zuthulpuk Monastery**.

Trek: 22 km | 8–9 hrs **Overnight:** Zuthulpuk Guesthouse **Meals:** Breakfast, Lunch, Dinner

Day 9 – Kailash Kora Day 3: Zuthulpuk to Darchen, Drive to Hilsa or Simikot

Complete the final stretch of the Parikrama and return to **Darchen**, marking the completion of your holy circumambulation. Later, drive to **Hilsa** or **Simikot**, depending on weather conditions.

Trek: 12 km | 3–4 hrs **Drive:** 2–3 hrs **Overnight:** Hilsa / Simikot **Meals:** Breakfast, Lunch, Dinner

Day 10 – Fly Simikot to Nepalgunj

Take a **helicopter** from **Hilsa** to **Simikot**, followed by a short flight to **Nepalgunj**. Relax at your hotel and reflect on your spiritual journey.

Helicopter: 25 min **Flight:** 1 hr **Overnight:** Nepalgunj **Meals:** Breakfast, Lunch, Dinner

Day 11 – Fly Nepalgunj to Kathmandu

Morning flight back to **Kathmandu**. The afternoon is free for shopping or rest.

Flight: 1 hr **Overnight:** Kathmandu **Meals:** Breakfast, Dinner

Day 12 – Departure from Kathmandu

After breakfast, transfer to the airport for your onward flight, carrying divine memories and blessings from Mount Kailash.

Meals: Breakfast

Tour Cost (Per Person)

- **USD 1,400 + INR 1,55,000** (based on 22 pax, using 3 ★ properties)
- **Upgrade Options:**
 - 4 ★ Hotels – add INR 3,000 per person

- 5★ Hotels – add INR 8,000 per person
(USD cost subject to change based on Chinese authority regulations.)
-

Inclusions

- Airport transfers and local sightseeing as per itinerary
 - 2 nights in Kathmandu & 2 nights in Nepalgunj (AP plan)
 - Accommodation in Tibet (guesthouses/mud houses)
 - Domestic flights: Kathmandu–Nepalgunj–Simikot
 - Helicopter transfers: Simikot–Hilsa–Simikot
 - Private coach for Tibet travel
 - Vegetarian meals throughout the tour
 - Nepalese team leader and English-speaking Tibetan guide
 - Oxygen cylinders & basic first-aid kit
 - Kailash permit and Tibet/China visa fee
 - Duffle bag and backpack for the Yatra
-

Exclusions

- International airfares (to/from Kathmandu)
 - Travel insurance & medical evacuation
 - Horse/Yak for Kora (direct payment)
 - Personal expenses and beverages
 - Extra accommodation in Kathmandu for early/late arrivals
 - Single-room supplement
 - Optional Ashtapad excursion
 - Personal oxygen cylinders
 - **5% GST & 5% TCS**
-

Payment Terms

- The USD component (China sector) to be remitted at the time of confirmation.
 - The INR component to be paid prior to arrival in Nepal.
-

Cancellation Policy

- 10% – after booking confirmation
 - 50% – within 15 days of departure
 - 100% – within 7 days of departure
-

Preparation & Health Guidelines

This pilgrimage involves **high-altitude travel up to 19,500 ft.** Participants must be physically fit and medically cleared for trekking.

Carry adequate warm clothing, trekking shoes, gloves, and personal medicines.

Consult your doctor about **Diamox** or similar medication for altitude acclimatization.

Avoid alcohol, smoking, and heavy physical exertion before and during the Yatra.