

# Mount Kailash Heli Yatra (Ex-Lucknow)

09 Nights / 10 Days | By Flight (Nepalgunj – Simikot – Hilsa – Taklakot)

## Journey to the Abode of Lord Shiva through Nepal's Remote Humla Region

Embark on a once-in-a-lifetime pilgrimage to **Mount Kailash and Lake Mansarovar**, traveling through the serene and untouched landscapes of western Nepal. The **Hilsa route** offers an adventurous yet time-efficient journey, combining **short flights, scenic helicopter transfers, and spiritual immersion** amidst the majestic Himalayas.

This itinerary is designed for those who seek a **shorter route with smoother logistics and fewer travel days at high altitude**, while preserving the essence of the sacred Yatra.

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### Tour Highlights

- Scenic flight route: **Nepalgunj – Simikot – Hilsa – Taklakot**
- Explore the remote **Humla region** of western Nepal
- Holy **Lake Mansarovar** and the sacred **Mount Kailash Kora**
- Rare opportunity to witness Kailash from the **Tibetan side**
- Stunning aerial and overland views of the **Himalayas and Tibetan Plateau**

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### Fixed Departures 2026 – Arrival at Lucknow

Month	Dates
May	16, 21, 28 (Full Moon)
June	03, 09, 15, 20, 27 (Full Moon)
July	03, 09, 15, 20, 26 (Full Moon)
August	07, 13, 19, 25 (Full Moon), 31
September	06, 12, 18, 23 (Full Moon)

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### Detailed Itinerary

#### Day 1 – Arrival in Lucknow and Drive to Nepalgunj (150 m)

Arrive in Lucknow, where you'll be greeted by our representative. Drive through the Terai plains toward **Nepalgunj**, a bustling town near the India-Nepal border. The route passes through charming countryside and local villages.

**Drive: 4–5 hrs Overnight: Nepalgunj Meals: Dinner**

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## **Day 2 – Fly Nepalgunj to Simikot, Helicopter to Hilsa, Drive to Taklakot (3,930 m)**

Early morning flight to **Simikot**, gateway to Nepal's remote Humla district. After a brief halt, continue by **helicopter to Hilsa**, the border point with Tibet. Cross into China and drive to **Taklakot (Purang)**, a picturesque border town surrounded by rolling mountains.

**Flight: 1 hr Helicopter: 25 min Drive: 1 hr Overnight: Taklakot Meals: Breakfast, Lunch, Dinner**

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## **Day 3 – Acclimatization in Taklakot (Purang)**

Spend the day resting and acclimatizing to the high altitude. You may visit local monasteries or explore the small market town to experience Tibetan culture.

**Overnight: Taklakot Meals: Breakfast, Lunch, Dinner**

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## **Day 4 – Drive to Lake Mansarovar (4,590 m)**

Drive through high mountain passes and open plateau to reach the sacred **Lake Mansarovar**, believed to cleanse sins and purify the soul. Perform **ritual bathing, meditation, and prayers** by the lakeside, with **Mount Kailash** visible in the distance.

**Drive: 2–3 hrs Overnight: Guesthouse near Lake Mansarovar Meals: Breakfast, Lunch, Dinner**

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## **Day 5 – Drive to Darchen (4,575 m)**

After morning prayers and exploration around the lake, drive to **Darchen**, the base town for the **Kailash Parikrama (Kora)**. Rest and prepare for your upcoming trek.

**Drive: 2–3 hrs Overnight: Darchen Meals: Breakfast, Lunch, Dinner**

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### **Day 6 – Kailash Kora Day 1: Darchen to Dirapuk (4,900 m)**

Begin your **3-day circumambulation** of Mount Kailash. The trail starts from **Yam Dwar** and gradually ascends through the Tarboche Valley, offering the first majestic views of Kailash's **north face**.

**Trek: 13 km | 5–6 hrs Overnight: Dirapuk Guesthouse Meals: Breakfast, Lunch, Dinner**

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### **Day 7 – Kailash Kora Day 2: Dirapuk to Zuthulpuk via Dolma La Pass (5,636 m)**

Today is the **most challenging and spiritually fulfilling** part of the Yatra. Cross the **Dolma La Pass (5,636 m)** — the highest point of the route — and descend past **Gauri Kund**, a sacred lake where Goddess Parvati is believed to have bathed. Continue trekking to **Zuthulpuk Monastery**.

**Trek: 22 km | 8–9 hrs Overnight: Zuthulpuk Guesthouse Meals: Breakfast, Lunch, Dinner**

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### **Day 8 – Kailash Kora Day 3: Trek to Darchen, Drive to Hilsa or Simikot**

Complete the final leg of the Parikrama with a short trek to **Darchen**. After lunch, drive to **Hilsa**. Weather permitting, helicopter transfer to **Simikot** may be arranged the same day.

**Trek: 12 km | 3–4 hrs Drive: 2–3 hrs Overnight: Hilsa / Simikot Meals: Breakfast, Lunch, Dinner**

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### **Day 9 – Fly to Simikot and Nepalgunj**

Fly by helicopter from **Hilsa to Simikot**, then onward by scheduled flight to **Nepalgunj**. Rest and relax at your hotel after completing your pilgrimage.

**Helicopter: 25 min Flight: 1 hr Overnight: Nepalgunj Meals: Breakfast, Lunch, Dinner**

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## Day 10 – Departure to Lucknow

After breakfast, drive back to **Lucknow** for your return journey home, carrying blessings from Mount Kailash and memories of a lifetime.

**Drive: 4 hrs Meals: Breakfast**

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## Tour Cost (Per Person)

- **USD 1,400 + INR 1,45,000** per person (based on 22 pax, 3★ hotels)
- **Upgrade Option:** Add INR 5,000 per person for stay at Soaltee Hotel, Nepalgunj  
(*USD rates subject to change as per Chinese authority regulations.*)

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## Inclusions

- Transfers & local sightseeing as per itinerary
- 2 nights' stay in Nepalgunj on full board
- Accommodation in Tibet (guesthouse/mud house)
- Domestic flights: Kathmandu–Nepalgunj–Simikot
- Helicopter transfers: Simikot–Hilsa–Simikot
- Overland travel in Tibet by private coach
- Vegetarian meals throughout
- Nepalese tour leader & Tibetan guide
- Oxygen cylinders & basic medical kit
- Kailash permits & Tibet/China visa
- Duffle bag & backpack set

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## Exclusions

- International flights to/from Kathmandu
- Travel insurance & emergency evacuation
- Horse/Yak hire for Parikrama (optional)
- Personal expenses & beverages
- Single supplement, extra night stays
- Personal oxygen cylinders
- Optional visit to Ashtapad
- **GST 5% & TCS 5%**

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## Payment Terms

- The China sector cost (USD portion) to be remitted upon confirmation.
- The INR portion payable prior to arrival in Nepal.

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## Cancellation Policy

- 10% – after booking confirmation
- 50% – within 15 days of departure
- 100% – within 7 days of departure

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## Preparation & Health Advisory

This journey involves **high-altitude travel (up to 19,500 ft)**. All participants must be physically fit.

Consult your physician regarding **altitude medication (Diamox)**.

Avoid alcohol and smoking before and during the trip.

Carry warm layered clothing, trekking shoes, gloves, sunscreen, lip balm, and personal medicines.